

QUOTABLE QUOTES

Jane Njoki, a TB patient.



"Seek treatment when that cough exceeds three weeks, it could be Tuberculosis", she says "TB is not shameful. Go for treatment!"

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Civic Education on new Constitution launched

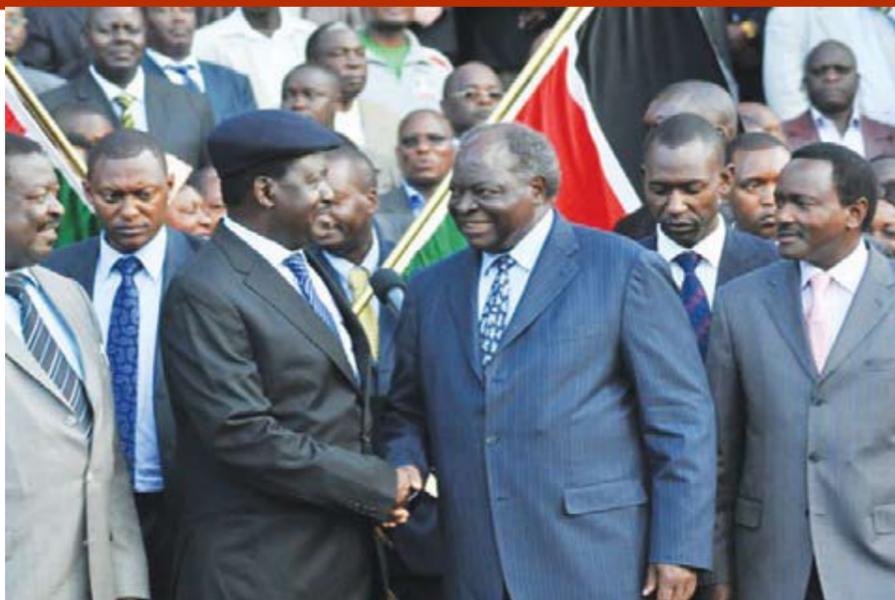
by David Mwere

New gains and safeguards will not be realized if Kenyans do not fully understand the provisions of the new constitution.

Aggrey Willis says that positive provisions in the new constitution especially for the marginalized groups such as women, older persons, the disabled, pastoralists and other minorities, will remain unrealized if there is no effort to enable Kenyans understand their right and to hold government accountable.

He said this while speaking during the launch of country-wide civic education campaign on the provisions of the new constitution at Panaf-ric Hotel on 10th September 2011.

"It is a fact that as long as rights remain unclaimed, they will only remain on paper. There was a lot of effort and work that went in to ensure that rights of marginalized groups are encapsulated in the new constitution," says Willis.



President Kibaki -right- and Prime Minister Raila Odinga -left- shake hands after the YES side of the Constitution referendum won

The new Constitution has an expansive Bill of Rights. The citizenry should therefore be empowered to clearly understand these provisions, and their capacity to monitor the realization of these rights be enhanced.

The campaign is supported by Ford Foundation International Fellowship Program based at New York, USA.

Aggrey Willis is an alumni of the fellowship program. So far, sixty

Kenyans who have been studying abroad under the program are back into the country to give back to their communities. Its under this premise that Pambazuko Mashinani is founded.

Given the huge impact that have been experienced by slum communities in the "Coalition Against TB project," that is being implemented by Pambazuko Mashinani, International Fellowship Program has asked Pambazuko Mashinani to lead civic education activities in the slums of Nairobi.

Massive TB/HIV screening drive done in Korogocho

by Jacqueline Awino

Over a thousand Korogocho residents got screened for TB/HIV during a three days free medical camp. The testing initiative was organized by Pambazuko Mashinani, a non-profit making organization operating in the area.

The purpose of the testing was to establish cases of active TB among residents given that a recent report from the area observed that over one hundred Korogocho residents are already infected with the TB virus, in addition, 3 MDR-TB patients have already been identified.

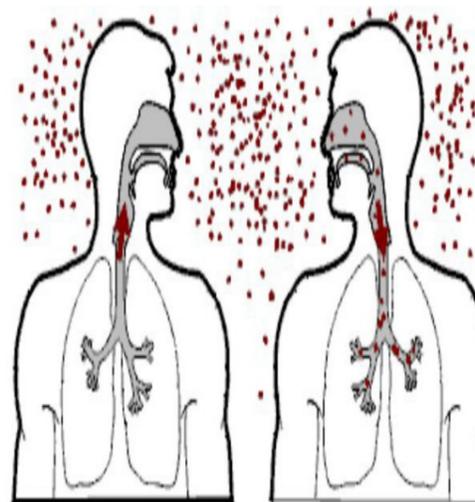
Pambazuko Mashinani is currently performing TB awareness among residents as well as providing social support to

TB patients some of who are HIV positive.

The organization recently carried out a research entitled "Analysis of Korogocho residents knowledge, attitude and practices towards tuberculosis: implications for health communication" The findings were launched on 4th September 2011 at St. John Catholic Church in Korogocho.

The launch was preceded with a 'kick TB out of Korogocho' soccer tournament where the winning team took home a trophy and a goat.

"Its through the power of sports that we attracted 1067 Korogocho residents to come out for screening," explains James Wainaina the sports for



TB spreads through the air

social change Coordinator at Pambazuko Mashinani.

Key personalities from the government, religious organizations and civil societies were also present during the event.

Pambazuko Mashinani team

Aggrey Willis Otieno
Technical Advisor

Jacqueline Awino
Field Coordinator

Charles Maina
Advocacy, Governance & Networking Program
Coordinator

James Wainaina
Sports for Social Change
Coordinator

Aggrey Avendi
Coalition Against TB
project Coordinator

Samuel Oduor
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Coordinator

Samuel 'Chesky' Onyango
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Pambazuko Mashinani staff participates in Internews training

by James Mburu



Jacqueline Awino, the Pambazuko Mashinani representative to the Internews

The need to equip local organisations with knowledge and skills on how to work more effectively with the media to communicate their work to the communities they target and the public is apparent.

Internews, a not-for-profit media development organization, organised a media relations training to

address this need. Pambazuko Mashinani got represented by Jacqueline Awino, a Field Coordinator.

"In this workshop, the trainers were engaged in role-plays based on participants' own issues and realistic scenarios, combined with

constant trainer review," reported Jacqueline.

"We were able to learn and practice to write effective media/press releases, organise well attended media events and do good interviews. In fact, I was caught off guard when I was asked to convene a press conference. And yes, I managed to mobilize quite a number of journalists from the mainstream media to cover our plenary discussion," she adds.

The training provided tips on engaging the media and advised the trainees on how to communicate sensitive issues to the media. It also put participants in touch with journalists who regularly report on HIV/AIDS and health issues.

Media training: An opportunity to get sponsored by Samuel Onyango

Youth from the slums now have a chance to sharpen their journalism skills.

Pambazuko Mashinani through its media department will sponsor eleven youth to undergo training on communication for social change advocacy approaches that includes: newspaper production, media engagement techniques, edutainment, script writing, video production and crowd-sourcing technology.

"Many communication initiatives have succeeded in enhancing public awareness, but have failed in going beyond awareness, to stimulate positive changes in attitudes and practices toward creating lasting social change" says Aggrey Willis, the Convener of Pambazuko Mashinani.



Pambazuko Mashinani. Interested individuals are required to email their personal essay to demonstrate their ability to organize their

thoughts and express themselves.

The applicants also need to demonstrate how they will apply the acquired knowledge to their community and plan to work with Pambazuko Mashinani in realizing its mission of building the information power, & capacity of urban poor people to connect and engage as participative, change-driving, healthy and dignified citizens in Kenya, at the end of the sponsorship period.

Know your CBOs: Focus on MAKWK by Aggrey Avendi

A research done by APHRC's revealed that people residing in slum settlements bear a heavier burden of disease than their non-slum counterparts.

For instance, children living in Nairobi's slum communities are not only ill more often than children living in other parts of Kenya, but they are also less likely to receive medical care when sick. Consequently, compared to children living in non-slum areas, children living in slums have a higher chance of dying before their fifth birthday.

With this type of findings in place, the situation is even worse in Korogocho which doesn't have a government hospital to take care of the over 200,000 people that reside there forcing community members to come up with their own solution.

Maendeleo Afya Kwa Wote Korogocho (MAKWK) health clinic was founded by Korogocho residents to offer health services in Korogocho slums.

MAKWK health facility which is located at the Korogocho Community Centre offers health ser



MAKWK health facility volunteers outside the clinic

vices to Korogocho residents and its environs. The facility charges the modest fee of 25 shillings for its services.

The clinic receives a minimum of 100 patients a day. Unfortunately, not all medical services can be handled at MAKWK.

"Many mothers here in Korogocho sidestep the TB immunization injection phase because they have no bus fare to take their children to hospitals which are far away, the Government should bring health services closer to the people, we want the BCG immunization at Maendeleo Afya Kwa Wote Korogocho which is within a walking distance for most" says Scholastica

MAKWK members who work at the clinic as volunteers are requesting well-wishers to assist them purchase a piece of land to construct modern hospital which will offer in and outpatient services.

Monthly accountability forum begins by Florence Wanza



they are excluded from planning and decision making processes. They are perceived as either beneficiaries or clients/customers. In either case, Korogocho dwellers are not seen as citizens who can play an important role in transforming governance.

As a result, leaders from 28 Community Based Organizations in Korogocho have resolved to hold monthly accountability forums in Korogocho.

Korogocho residents are constantly struggling to feed their families, get clean drinking water and access health care, education and shelter.

Despite their contributions to the survival of their households and the well being of their community,

“There are a lot of mismanagement of resources of development projects in Korogocho. There is no better way to address them by working together

with the CBOs within the slum,” says Fr. John Weebosta, the Coordinator of Kutoka Network.

This new initiative has been started by Pambazuko Mashinani in collaboration with Kutoka network with an aim of improving governance in Korogocho.

“Improvement of local governance in terms of efficiency, effectiveness and accountability is increasingly recognized as a primary vehicle for influencing governance, which extends to civil society and private sector,” explains Mr. Charles Maina, the Advocacy and Networking Program Coordinator at Pambazuko Mashinani who facilitates the monthly forums.

“Citizens participate in government for obvious reasons. To try to meet their needs, support their priorities and protect their rights. So they participate to get development actors to do something or to change the ways they do things,” he adds.

Lack of information has been identified as the major reason why certain segments of communities in Kenya do not participate in their own civic affairs. “People are not participating not because they are not interested, but because they cannot identify where they can participate in the governance process,” says Maina.

“Seek treatment when that cough exceeds three weeks, it could be Tuberculosis”

TB is not shameful: An advice from a TB patient by Jacqueline Awino



Jane, a TB patient.

Although TB treatment is free in Government hospitals, Jane Njoki a resident of Korogocho has to balance between paying fare to access free TB treatment at a government hospital and buying food for her 6 children as well as paying rent for her single roomed house.

53 years old Jane is a single mother, she is on her fifth month of Tuberculosis treatment after being supported by Pambazuko Mashinani to go for X-ray tests, she says Doctors advised her to move to a well ventilated double roomed house but Jane cannot afford that move, she will have to continue living in her single room in Korogocho,



Scholastica Makau, community nurse facilitating a TB discussion during a community drama

she tells *The Slum Herald*.

“I depend on any available work mostly washing clothes for the employed class within Korogocho neighborhood, I get very little money out of this which I use to feed my children and pay rent” Jane says.

“I have met the terms with the Doctor’s advice to keep windows open and to follow drug prescrip-

tions of 4 tablets every day, but moving to a bigger house will take time since I cannot afford to pay rent for a bigger house” she tells *The Slum Herald*.

Although she was isolated when she was sick, Jane says her neighbors and children have been supportive after she enrolled for TB treatment five months ago, she has also joined a support group of TB/HIV patients under Pambazuko Mashinani TB treatment where they share information about the disease, she believes she will eventually come out in good health from her current TB treatment.

When asked what she has learned from Pambazuko Mashinani’s TB program, and what would be her advice to the society, she had this to say: “Seek treatment when that cough exceeds three weeks, it could be Tuberculosis”, she says “TB is not shameful. Go for treatment!”

TAS provides soccer kits to Pambazuko Mashinani by Fatuma Mohammed

TAS, a USA based organization supported Pambazuko Mashinani with sports kits for its Sports for Social Change program.

“Pambazuko Mashinani received uniforms, balls and footwear enough to be used by eleven teams,” explains James Wainaina Pambazuko Mashinani Sports for Social Change Coordinator.

The sports kits enabled Pambazuko Mashinani to recently educate hundreds of people who attended the “Kick TB out of Korogocho soccer tournament” by providing information, education and communication materials on HIV and TB.

Led by Fr. John Weboosta, a Catholic priest based in Korogocho, Korogocho residents braved the rainy weather, during a tournament that reached out to over 1000 people including team officials, players and the general public with information on HIV and TB.

“We were only able to achieve this through the support in kind that we received from TAS. I wish to thank Simon Akindes from TAS, in absentia for this noble gesture,” says Aggrey Willis, the Con-



One of the soccer teams participating in Sports for Social Change activities.

vener of Pambazuko Mashinani.

“We cant forget two of our board members, Dr. Steve Howard and David Conrad who shipped some of the gifts to Kenya. Unfortunately, we have been unable to ship in all the gifts that we were

given due to the high shipping costs,” adds Aggrey.

Pambazuko Mashinani aimed at providing some basic knowledge on HIV and TB prevention, infection and treatment to the players and also to the crowds. Since its inception, Pambazuko Mashinani has been running special advocacy campaigns aimed at raising awareness about the epidemic and health behaviors. Targeting sports activities has been instrumental for the organization given the crowds that sports activities pull.

Sport for Social Change, often referred to as ‘sport-for-development’, is a relatively young, yet rapidly growing field.

“We therefore enhance youth engagement through the use of sports in a variety of ways to help achieve positive change in urban poor and disadvantaged communities,” explains James Wainaina, the Sports Coordinator.

Pambazuko Mashinani recognizes sports as having the potential to play a role in society with intrinsic benefits in terms of physical health, and emotional well being, and the ability to contribute to issues such as health promotion, crime prevention and increased educational attainment.



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The Slum Herald

The Slum Herald is a publication of Pambazuko Media Services, the media arm of Pambazuko Mashinani. Pambazuko Mashinani are Kiswahili words meaning "Awakening" and "Grass root" respectively. Hence loosely translated to mean Grass-root Awakening, is a non-profit making organization dedicated to improving people's lives by empowering the poor to bring about change in their own lives. Its mission is to build the information power & capacity of urban poor people to connect and engage as participative, change-driving, healthy and dignified citizens in Kenya. Pambazuko Mashinani strengthens, connects and mobilizes grassroots groups to enhance their leadership, voice and power. Pambazuko Mashinani has affirmed that people can use their togetherness to demand for their rights and seek credible solutions to their problems. It currently operates in Nairobi and Siaya Counties. We therefore value your solidarity, partnership and welcome you to make your kind contribution to the Initiative. You can participate as follows: Intern, volunteer, donate, partner, be employed or get us through the social media below, and share our work with your friends.

"Improving lives within our families"



Kariobangi F.C are the champions by Samuel Onyango

Kariobangi F.C beats Korogocho All Stars in St. John's Catholic Church Sports ground in Korogocho 2-1 to take home a live goat and a trophy in a one week soccer tournament that attracted 42 football teams from Korogocho, Baba Dogo and Kariobangi. Korogocho All Stars also received a goat and a trophy as a second placed team.



Some of the trophies that were won

The soccer tournament, dubbed, "Kick TB out of Korogocho," was one of its kind organized by Pambazuko Mashinani.

"I have never seen such a huge number of people offering themselves for HIV/TB screening. Efforts such as this should always be applauded. The winning team won a trophy and a goat not only by scoring goals inside the

field but also having most of their team members and fan base going for HIV/TB screening as part of winning the tournament," says Charles Awino, the Korogocho area Assistant Chief and also Pambazuko Mashinani's TB project committee member.

According to Pambazuko Mashinani, over a hundred Korogocho residents are already infected with TB, an

indicator that there is a massive TB outbreak in Korogocho. "The state of affairs is a time bomb that could explode out of hand in Korogocho, a densely populated poor neighborhood if those suffering from Multi-Drug Resistance (MDR) TB are not treated soon," says Teresia Achieng, a Community Health Worker at Pambazuko Mashinani. "The situation has been made worse with the high prices of food that has accounted to over 50% of TB drugs default rate in Korogocho," she adds.

Kenya is one of the 22 high burden TB countries with increasing identification of Multi Drug Resistance. The tournament was therefore organized by Pambazuko Mashinani as part of their efforts to up the fight against TB by mobilizing the slum dwellers in Korogocho to join the fight against TB.

A tribute to Prof. Wangari Maathai by Pambazuko Mashinani team



From left to right, Prof. Wangari Maathai admiring one of her many awards; helps President Obama to plant a tree in Uhuru Park- Nairobi, and lastly with Oprah Winfrey.

Kenya and the rest of the world are united in mourning following news of the death of Kenya's Nobel Peace Prize laureate, Prof Wangari Maathai. Prof Maathai passed away at the Nairobi Hospital on the night of 25 September 2011 where she was undergoing treatment for cancer.

That Prof Wangari Maathai was a global icon and heroine goes without saying. Indeed, her life was an inspiration to many.

Wangari Maathai will be remembered as a woman of many firsts. In 1971, she became the first woman in East and Central Africa to earn a PhD when she was awarded her doctorate in veterinary anatomy from the School of Veterinary Medicine, University College of Nairobi (present day University of Nairobi) and in 1977 she became the first Kenyan woman to attain the academic rank of associate professor.

In 2004, she became the first African woman to be awarded the prestigious Nobel Peace Prize in recognition

of her work on environmental conservation and sustainable development.

And in April 2009, Prof Wangari Maathai became the first Kenyan ever to receive Japan's highest honor, the Grand Cordon of the Order of the Rising Sun, in recognition of her efforts to conserve and protect the environment. Her Mottainai campaign, which stresses the concept of reduce, reuse, recycle and repair for environmental protection, made her very popular in Japan.

As we mourn the passing of this great visionary, a fitting tribute to Wangari Maathai would be to continue in our own small way to make a world a better place for all. Wangari Maathai lived a full life and has left us a rich legacy. Let us honor her memory by conserving the environment for future generations.

"Let us honor her memory by conserving the environment for future generations,"



Rest in Peace Prof. Wangari Maathai